

WP LEAGUE 3

Date: 2023-11-19

Province: WESTERN PROVINCE

Top Athletes

#	Athlete	Run Time	Run Points	Run BP	Total Points
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Top 3 Runners

1	1362	Alice Venter (Curro Durbanville Hs)	02:21.97	1064.06	0.00	1064.06
2	1416	Wilmien Verbeek (Curro Durbanville Hs)	02:28.29	1049.42	0.00	1049.42
3	1250	Linda du Bruyn	01:28.34	1045.32	3.00	1048.32

#	Athlete	Swim Time	Swim Points	Swim BP	Total Points
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Top 3 Swimmers

1	1497	Rowan Marais	01:04.31	1053.45	20.00	1073.45
2	1385	Mila Aucamp (Durbanville Hs)	01:05.59	1057.05	0.00	1057.05
3	1120	Anke Serfontein (Pearson HS)	01:10.22	1043.90	0.00	1043.90

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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Top 3 Athletes

1	1385	Mila Aucamp (Durbanville Hs)	02:30.31	1047.38	01:05.59	1057.05	0.00	2104.43
2	1362	Alice Venter (Curro Durbanville Hs)	02:21.97	1064.06	01:12.81	1020.95	0.00	2085.01 PB
3	4507	Adrian Kuhn (Durbanville Ps)	01:13.40	1047.20	00:36.56	1037.20	0.00	2084.40 PB

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/08 GIRLS			National Record: N/A		Provincial Record: N/A		
1	5991 Alexis van Eyssen (Durbanville Ps)	01:44.87	1030.26	00:38.25	983.75	0.00	2014.01 PB
2	5990 Mia van Eyssen (Durbanville Ps)	01:48.41	1023.18	00:51.97	915.15	0.00	1938.33 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/08 BOYS			National Record: N/A		Provincial Record: N/A		
1	6031 Roelf Jacobs (Durbanville Ps)	01:45.99	1024.02	00:39.66	966.70	0.00	1990.72 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/09 GIRLS			National Record: N/A		Provincial Record: N/A		
1	3745 Kayla Fouche (Kenridge Ps)	01:23.08	1047.84	00:47.81	1025.95	0.00	2073.79
2	3602 Hanneli vd Watt (Beaumont Ps)	01:34.89	1024.22	00:49.16	1019.20	0.00	2043.42
3	3415 Alexia Ras (Kenridge Ps)	01:40.07	1013.86	01:07.00	930.00	0.00	1943.86

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
4	Mia Blignaut (Durbanville Ps)	01:43.58	1006.84	01:15.06	889.70	0.00	1896.54
U/09 BOYS			National Record: N/A		Provincial Record: N/A		
1	Jean Joyce (Durbanville Ps)	01:31.68	1022.64	00:48.82	1010.90	0.00	2033.54 PB
2	Connor van Onselen (Kenridge Ps)	01:31.92	1022.16	00:51.85	995.75	0.00	2017.91
3	Sebastian Mattheus (Kenridge Ps)	01:33.98	1018.04	00:55.13	979.35	0.00	1997.39 PB
4	Joshua Botha (Stellenbosch PS)	01:35.43	1015.14	01:07.97	915.15	0.00	1930.29
5	Daniel van den Bergh (Kenridge Ps)	01:24.35	1037.30	01:22.94	840.30	0.00	1877.60 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/11 GIRLS			National Record: N/A		Provincial Record: N/A		
1	Miene Fraenkel (De Hoop Ps)	01:19.42	1037.16	00:41.34	1023.30	0.00	2060.46 PB
2	Annabelle van Onselen (Kenridge Ps)	01:22.05	1031.90	00:40.87	1025.65	0.00	2057.55 PB

3	2783	Hanja Heesakkers (Durbanville Ps)	01:27.39	1021.22	00:42.32	1018.40	0.00	2039.62 PB
4	5183	Pippa Liebenberg (Kenridge Ps)	01:30.03	1015.94	00:41.35	1023.25	0.00	2039.19 PB
5	5740	Maya Schenck (Durbanville Ps)	01:30.28	1015.44	00:41.56	1022.20	0.00	2037.64
6	4457	Kari van den Heever (Durbanville Ps)	01:20.78	1034.44	00:46.00	1000.00	0.00	2034.44
7	4952	Mieke Labuschagne (Beaumont Ps)	01:26.35	1023.30	00:45.78	1001.10	0.00	2024.40
8	4539	Ella Odendaal (Kenridge Ps)	01:28.91	1018.18	00:45.25	1003.75	0.00	2021.93
9	5180	Leandi Hattingh (Gene Louw Ps)	01:22.60	1030.80	00:59.84	930.80	0.00	1961.60 PB
10	4435	Sofia Daniels (Curro Durbanville Ps)	01:29.53	1016.94	00:57.72	941.40	0.00	1958.34 PB
11	4448	Marné van Eyssen (Durbanville Ps)	01:31.04	1013.92	00:57.53	942.35	0.00	1956.27
12	5753	Liani Jacobs (Durbanville Ps)	01:33.28	1009.44	00:59.50	932.50	0.00	1941.94

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
13	Bella De Villiers (Bastion Ps)	01:30.70	1014.60	DNF	DNF	0.00	DNF
U/11 BOYS		National Record: N/A			Provincial Record: N/A		
1	Adrian Kuhn (Durbanville Ps)	01:13.40	1047.20	00:36.56	1037.20	0.00	2084.40 PB
2	Ryan Fouche (Kenridge Ps)	01:18.81	1036.38	00:36.34	1038.30	0.00	2074.68 PB
3	Adriaan Van Dyk (Beaumont Ps)	01:22.86	1028.28	00:37.87	1030.65	0.00	2058.93
4	Markú Loubser (Durbanville Ps)	01:20.11	1033.78	00:42.63	1006.85	0.00	2040.63
5	Noah Botha (Stellenbosch PS)	01:18.06	1037.88	00:43.63	1001.85	0.00	2039.73 PB
6	Rafael Josling (Gene Louw Ps)	01:13.54	1046.92	00:46.97	985.15	0.00	2032.07
7	Henri Pretorius; (Kenridge Ps)	01:29.01	1015.98	00:44.12	999.40	0.00	2015.38 PB
8	Ekhardt Marcis (De Hoop Ps)	01:31.50	1011.00	00:43.25	1003.75	0.00	2014.75

9	4281	Mason Fourie (Gene Louw Ps)	01:28.59	1016.82	00:45.38	993.10	0.00	2009.92	
10	2980	Cobus Wentzel (Durbanville Ps)	01:23.02	1027.96	00:48.63	976.85	0.00	2004.81	
11	4240	Ruvan Jooste (Durbanville Ps)	01:24.11	1025.78	00:50.16	969.20	0.00	1994.98	
12	5996	MOTLATSI KHAHLEDI (Durbanville Ps)	01:35.31	1003.38	00:48.25	978.75	0.00	1982.13 PB	
13	3925	Danru Jansen van Rensburg (Kenridge Ps)	01:48.60	976.80	00:48.06	979.70	0.00	1956.50 PB	
14	5153	Hugo Kotze (Gene Louw Ps)	01:26.14	1021.72	01:01.84	910.80	0.00	1932.52 PB	
15	2426	Le Febre Malherbe (Durbanville Ps)	01:40.84	992.32	01:08.16	879.20	0.00	1871.52	
					Swim Time				
	#	Athlete	Run Time	RP		SP	BP	Total Points	
U/13 GIRLS				National Record: N/A			Provincial Record: N/A		
1	1347	Zani Van Dyk (Beaumont Ps)	03:02.78	988.44	00:33.22	1027.80	0.00	2016.24	

2	1319	Silke Aucamp (Kenridge Ps)	02:40.21	1033.58	00:38.28	977.20	0.00	2010.78
3	3605	Dine van de Wal (Durbanville Ps)	02:54.99	1004.02	00:38.65	973.50	0.00	1977.52
4	3926	Mia Jansen van Rensburg (Kenridge Ps)	03:37.97	918.06	00:33.72	1022.80	0.00	1940.86
5	3606	Kaylee van de Wal (Durbanville Ps)	03:16.42	961.16	00:41.00	950.00	0.00	1911.16
6	2874	Annabelle Ras (Kenridge Ps)	03:22.13	949.74	00:43.18	928.20	0.00	1877.94
7	5755	Leila van den Bergh (Kenridge Ps)	03:17.95	958.10	00:46.90	891.00	0.00	1849.10 PB
8	5743	Joné Burger (Eversdal Ps)	03:05.30	983.40	00:51.81	841.90	0.00	1825.30
9	4538	Sarah - Kate Odendaal (Kenridge Ps)	03:00.09	993.82	DNF	DNF	0.00	DNF
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/13 BOYS			National Record: N/A			Provincial Record: N/A		

1	1247	Jack Fouche (Kenridge Ps)	02:36.93	1032.14	00:32.69	1033.10	0.00	2065.24 PB	
2	1227	Stephan Pienaar (Welgemoed Ps)	02:36.31	1033.38	00:36.50	995.00	0.00	2028.38	
3	1236	Pierre Van Onselen (Kenridge Ps)	02:54.98	996.04	00:33.75	1022.50	0.00	2018.54	
4	1437	Matthew Taylor (Kenridge Ps)	02:47.10	1011.80	00:38.66	973.40	0.00	1985.20	
5	2869	Daniël Arlow (Durbanville Ps)	02:53.10	999.80	00:44.75	912.50	0.00	1912.30	
6	3611	Etienne Rowan Marais (De Hoop Ps)	03:29.24	927.52	00:40.12	958.80	0.00	1886.32	
	#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/15 GIRLS				National Record: N/A			Provincial Record: N/A		
1	3607	Juane Burger (Durbanville Hs)	02:40.88	1024.24	01:11.31	1018.45	0.00	2042.69 PB	
2	4967	Mia Mostert (Durbanville Hs)	02:47.34	1011.32	01:18.41	982.95	0.00	1994.27 PB	

3	1335	Heike Wessels (Vredekloof Ps)	02:43.51	1018.98	01:27.09	939.55	0.00	1958.53
4	3380	Ane de Villiers (Durbanville Hs)	02:44.69	1016.62	01:29.88	925.60	0.00	1942.22 PB
5	1228	Kara Wentzel (Durbanville Ps)	02:55.21	995.58	01:25.90	945.50	0.00	1941.08 PB
6	5163	Stella Greyling (Durbanville Hs)	02:51.34	1003.32	01:28.19	934.05	0.00	1937.37 PB
7	6029	Milan Terblanche (Kenridge Ps)	02:54.42	997.16	01:33.31	908.45	0.00	1905.61 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/15 BOYS			National Record: N/A			Provincial Record: N/A		
1	5148	Tiaan Lambrechts (Kenridge Ps)	02:27.47	1031.06	01:12.97	1000.15	0.00	2031.21 PB
2	5181	Callum Eastham Faulkner (Table View Ps)	02:39.72	1006.56	01:09.35	1018.25	0.00	2024.81
3	1211	Liam Els (Stellenberg Hs)	02:24.61	1036.78	01:16.07	984.65	0.00	2021.43 PB

4	5156	Jesse Van Der Merwe (Kirstenhof Ps)	02:33.72	1018.56	01:15.41	987.95	0.00	2006.51	
5	1423	Wian Joubert (Durbanville Ps)	02:35.91	1014.18	01:16.75	981.25	0.00	1995.43	
6	2280	Jean Troskie (Durbanville Ps)	02:59.79	966.42	01:09.47	1017.65	0.00	1984.07	
7	3766	Xavier Chippendale (Sweet Valley Ps)	02:48.75	988.50	01:19.50	967.50	0.00	1956.00 PB	
8	5992	Evan John Butler (Panorama Ps)	02:28.22	1029.56	01:33.41	897.95	0.00	1927.51 PB	
9	5149	Ruben Zevenster (Durbanville Hs)	03:09.36	947.28	01:17.66	976.70	0.00	1923.98	
10	5150	Alexander de Jager (Durbanville Hs)	03:01.91	962.18	01:21.59	957.05	0.00	1919.23	
					Swim Time				
	#	Athlete	Run Time	RP		SP	BP	Total Points	
U/17 GIRLS				National Record: N/A			Provincial Record: N/A		
1	1416	Wilmien Verbeek (Curro Durbanville Hs)	02:28.29	1049.42	01:08.31	1033.45	0.00	2082.87	

2	1245	Almi Geysers (Bloemhof Hs)	02:41.18	1023.64	01:08.53	1032.35	0.00	2055.99
3	3628	Ane Cloete (Durbanville Hs)	03:00.69	984.62	01:11.62	1016.90	0.00	2001.52 PB
4	3589	Lia Assad (Durbanville Hs)	03:10.06	965.88	01:08.65	1031.75	0.00	1997.63
5	3746	Zani Venter (Stellenberg Hs)	02:39.14	1027.72	01:23.78	956.10	0.00	1983.82
6	5995	BOHLALE KHAHLEDI (Meridian Pinehurst)	03:46.17	893.66	01:33.90	905.50	0.00	1799.16 PB
	#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/17 BOYS				National Record: N/A			Provincial Record: N/A	
1	2411	Daniël Grové (Home school WP)	02:15.89	1032.22	01:03.19	1024.05	0.00	2056.27
2	3614	Callum Koekemoer (Durbanville Hs)	02:29.34	1005.32	01:01.13	1034.35	0.00	2039.67
3	5758	Corne de Bruyn (Parel Vallei Hs)	02:41.52	980.96	01:02.59	1027.05	0.00	2008.01 PB
4	1268	Rosseau Burger (Paul Roos Hs)	02:34.92	994.16	01:07.28	1003.60	0.00	1997.76

5	1307	Jean-Roux Wessels (Stellenberg Hs)	02:18.89	1026.22	01:17.81	950.95	0.00	1977.17	
6	3619	Eben de Jongh (Durbanville Hs)	02:40.80	982.40	01:10.66	986.70	0.00	1969.10	
7	1340	Christiaan Pienaar (Durbanville Hs)	02:21.01	1021.98	01:20.84	935.80	0.00	1957.78	
8	3626	Hanru Steyn (Durbanville Hs)	03:12.89	918.22	01:10.25	988.75	0.00	1906.97	
					Swim Time				
	#	Athlete	Run Time	RP		SP	BP	Total Points	
U/19 GIRLS				National Record: N/A			Provincial Record: N/A		
1	1385	Mila Aucamp (Durbanville Hs)	02:30.31	1047.38	01:05.59	1057.05	0.00	2104.43	
2	1362	Alice Venter (Curro Durbanville Hs)	02:21.97	1064.06	01:12.81	1020.95	0.00	2085.01 PB	
3	2277	Michelle Carien van Rooyen (Durbanville Hs)	03:17.63	952.74	01:14.00	1015.00	0.00	1967.74	
4	1320	Julia Monk (Reddam Constantia Hs)	03:22.12	943.76	01:15.88	1005.60	0.00	1949.36	

5	1318	Olivia Wilson (Durbanville Hs)	02:54.94	998.12	01:33.50	917.50	0.00	1915.62
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#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/19 BOYS

National Record: N/A

Provincial Record: N/A

1	2410	Hannes Grové (Home school WP)	02:15.14	1027.72	01:00.53	1037.35	0.00	2065.07
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2	3613	Quinn Dick Koekemoer (Durbanville Hs)	02:30.83	996.34	01:03.00	1025.00	0.00	2021.34
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3	4217	Mark Laker (Durbanville Hs)	02:37.35	983.30	01:05.94	1010.30	0.00	1993.60
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4	5164	Luke Moran (Milnerton Hs)	02:49.92	958.16	01:01.59	1032.05	0.00	1990.21
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5	4638	Danté Fourie (Durbanville Hs)	02:43.52	970.96	01:11.50	982.50	0.00	1953.46
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#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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SENIORS MEN

National Record: N/A

Provincial Record: N/A

1	4552	Coenraad van Eyssen	02:35.74	976.52	01:19.59	952.05	30.00	1958.57
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#	Athlete	Run Time	RP	Time	SP	BP	Total Points	
JNR WOMEN			National Record: N/A			Provincial Record: N/A		
1	1120	Anke Serfontein (Pearson HS)	02:41.67	1032.66	01:10.22	1043.90	0.00	2076.56
2	1429	Rebecca Monk	02:53.40	1009.20	01:14.78	1021.10	0.00	2030.30
3	2265	Isabella Cockeran	02:54.79	1006.42	01:17.28	1008.60	0.00	2015.02
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
JNR MEN			National Record: N/A			Provincial Record: N/A		
1	1412	Emihl Rossouw	02:32.51	982.98	01:01.94	1025.30	0.00	2008.28
2	4634	Ebert Wessels	02:13.40	1021.20	01:10.28	983.60	0.00	2004.80 PB
3	3762	Marno Yzelle	02:13.05	1021.90	01:14.37	963.15	0.00	1985.05
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
MASTERS 40+ WOMEN			National Record: N/A			Provincial Record: N/A		
1	5997	Ilse Nieuwoudt	03:15.03	991.94	01:35.41	942.95	30.00	1964.89 PB
2	4629	Annelize de Villiers	03:24.93	972.14	01:36.56	937.20	25.00	1934.34

#	Athlete	Run Time	RP	Time	SP	BP	Total Points	
MASTERS 40+ MEN			National Record: N/A		Provincial Record: N/A			
1	1497	Rowan Marais	02:42.80	986.40	01:04.31	1053.45	40.00	2079.85
2	3772	Ettienne Oelofse	02:40.58	990.84	01:18.00	985.00	30.00	2005.84
3	6030	Wesley Van Der Merwe	02:45.70	980.60	01:14.25	1003.75	10.00	1994.35 PB
4	6033	Riaan Van Dyk	02:40.87	990.26	01:16.69	991.55	5.00	1986.81 PB
5	5169	Romeo Davids	02:49.45	973.10	01:29.03	929.85	35.00	1937.95 PB
6	1375	Earle van der Watt	03:07.31	937.38	01:21.72	966.40	30.00	1933.78
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
MASTERS 50+ MEN			National Record: N/A		Provincial Record: N/A			
1	4632	Edward West	03:05.21	963.58	01:20.75	996.25	40.00	1999.83 PB
2	4675	Michael Peacock	02:36.40	1021.20	01:32.41	937.95	10.00	1969.15 PB
3	1394	Jason Monk	02:44.83	1004.34	01:47.78	861.10	25.00	1890.44
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
MASTERS 60+ WOMEN			National Record: N/A		Provincial Record: N/A			
1	1250	Linda du Bruyn	01:28.34	1045.32	00:48.00	1010.00	6.00	2061.32

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
2	Cheryl Adams	02:24.44	933.12	00:57.44	962.80	36.00	1931.92
SPECIAL NEEDS MALE			National Record: N/A		Provincial Record: N/A		
1	Liam Trelawney	02:10.17	979.66	01:19.15	829.25	0.00	1808.91

Designed and Developed by [Techla](#)