

WP LEAGUE 7

Date: 2023-01-14

Province: WESTERN PROVINCE

Top Athletes

#	Athlete	Run Time	Run Points	Run BP	Total Points
Top 3 Runners					
1	1428 Robert Swartz	01:31.19	1033.62	30.00	1063.62
2	1414 Michael Archer	01:18.01	1033.98	24.00	1057.98
3	3745 Kayla Fouche (Kenridge Ps)	01:31.22	1057.56	0.00	1057.56

#	Athlete	Swim Time	Swim Points	Swim BP	Total Points
Top 3 Swimmers					
1	1414 Michael Archer	00:33.31	1068.45	24.00	1092.45
2	1258 Lize-Ahn Aucamp	01:08.59	1077.05	7.50	1084.55
3	1497 Rowan Marais	01:01.72	1066.40	17.50	1083.90

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
Top 3 Athletes							
1	1414 Michael Archer	01:18.01	1033.98	00:33.31	1068.45	48.00	2150.43 PB
2	1258 Lize-Ahn Aucamp	03:01.01	1019.98	01:08.59	1077.05	15.00	2112.03
3	1497 Rowan Marais	02:35.44	1001.12	01:01.72	1066.40	35.00	2102.52

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/08 GIRLS			National Record: N/A			Provincial Record: N/A	
1	3745 Kayla Fouche (Kenridge Ps)	01:31.22	1057.56	00:35.50	997.50	0.00	2055.06
2	3602 Hanneli vd Watt (De Hoop Ps)	01:54.11	1011.78	00:29.41	1027.95	0.00	2039.73
3	4551 Mia Blignaut	01:49.83	1020.34	00:34.11	1004.45	0.00	2024.79 PB
4	4625 Charlotte Coetzee	02:02.32	995.36	00:41.15	969.25	0.00	1964.61 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/08 BOYS			National Record: N/A			Provincial Record: N/A	
1	4637 Joshua Botha	01:42.63	1030.74	00:36.06	984.70	0.00	2015.44 PB
2	4556 Daniel Lourens (Rhenish Ps)	02:10.30	975.40	00:48.69	921.55	0.00	1896.95
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/09 GIRLS			National Record: N/A			Provincial Record: N/A	
1	3381 Kari Gericke (Durbanville Ps)	01:30.75	1032.50	00:55.18	989.10	0.00	2021.60
2	4539 Ella Odendaal (Kenridge Ps)	01:34.46	1025.08	00:54.28	993.60	0.00	2018.68
3	2784 Anca Peters (De Hoop Ps)	01:35.47	1023.06	00:56.20	984.00	0.00	2007.06
4	4578 Laken Leybrandt	01:49.73	994.54	00:56.42	982.90	0.00	1977.44 PB
5	2290 Nina Vancoillie (Durbanville Ps)	01:41.17	1011.66	01:09.78	916.10	0.00	1927.76
6	4435 Sofia Daniels (Curro Durbanville Ps)	01:46.83	1000.34	01:10.72	911.40	0.00	1911.74 PB
7	4550 Mia van der Poll	01:46.25	1001.50	01:15.64	886.80	0.00	1888.30 PB

U/09 BOYS			National Record: N/A			Provincial Record: N/A		
1	3112	Ekhardt Marais (De Hoop Ps)	01:32.01	1021.98	00:48.28	1013.60	0.00	2035.58
2	3615	Matthew Glover (Welgemoed Ps)	01:33.84	1018.32	00:50.62	1001.90	0.00	2020.22 PB
3	3716	Hugo Janse van Rensburg (De Hoop Ps)	01:43.90	998.20	00:50.40	1003.00	0.00	2001.20 PB
4	2980	Cobus Wentzel (Durbanville Ps)	01:29.11	1027.78	01:00.55	952.25	0.00	1980.03
5	4240	Ruvan Jooste (Durbanville Ps)	01:34.42	1017.16	00:59.84	955.80	0.00	1972.96
6	4236	Nicolaas Jordaan; (Durbanville Ps)	01:37.01	1011.98	01:04.63	931.85	0.00	1943.83 PB
7	3608	Jamie Thomas (Durbanville Ps)	01:39.36	1007.28	01:07.97	915.15	0.00	1922.43 PB
8	4281	Mason Fourie (Curro Durbanville Ps)	01:30.50	1025.00	01:12.41	892.95	0.00	1917.95 PB
#		Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/11 GIRLS			National Record: N/A			Provincial Record: N/A		
1	1319	Silke Aucamp (Kenridge Ps)	01:16.08	1043.84	00:42.30	1018.50	0.00	2062.34 PB
2	3605	Dine van de Wal (Durbanville Ps)	01:16.47	1043.06	00:44.63	1006.85	0.00	2049.91 PB
3	1278	Lienka De Jager (Durbanville Ps)	01:25.25	1025.50	00:42.33	1018.35	0.00	2043.85
4	3606	Kaylee van de Wal (Durbanville Ps)	01:27.78	1020.44	00:42.09	1019.55	0.00	2039.99 PB
5	4538	Kate Odendaal (Kenridge Ps)	01:27.43	1021.14	00:43.45	1012.75	0.00	2033.89 PB
6	4639	Kirsti Davids	01:29.68	1016.64	00:42.59	1017.05	0.00	2033.69 PB

7	4448	Marné van Eyssen (Durbanville Ps)	01:38.96	998.08	01:07.17	894.15	0.00	1892.23 PB
8	4630	Lexi Abrahamse	01:53.93	968.14	01:01.69	921.55	0.00	1889.69 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/11 BOYS			National Record: N/A			Provincial Record: N/A		
1	1224	Harry Steyn (De Hoop Ps)	01:23.96	1026.08	00:35.47	1042.65	0.00	2068.73
2	4540	Alexander Wetzl (Beaumont Ps)	01:18.26	1037.48	00:37.75	1031.25	0.00	2068.73
3	2425	Benjamin Weijmans (Generations Somerset Wes)	01:17.62	1038.76	00:40.97	1015.15	0.00	2053.91
4	1443	Jean-Luc Joubert (Kenridge Ps)	01:15.36	1043.28	00:42.19	1009.05	0.00	2052.33
5	1301	Adriaan Van Dyk (Beaumont Ps)	01:27.30	1019.40	00:41.71	1011.45	0.00	2030.85
6	4636	Neels Botha	01:19.74	1034.52	00:44.86	995.70	0.00	2030.22 PB
7	3535	Ewan Marais (De Hoop Ps)	01:29.93	1014.14	00:40.87	1015.65	0.00	2029.79
8	2285	Ryan Fouche (Kenridge Ps)	01:25.72	1022.56	00:43.19	1004.05	0.00	2026.61
9	1437	Matthew Taylor (Kenridge Ps)	01:19.18	1035.64	00:46.97	985.15	0.00	2020.79
10	4557	William Scholtz	01:25.26	1023.48	00:47.35	983.25	0.00	2006.73
11	3715	Wihan Janse van Rensburg (De Hoop Ps)	01:36.11	1001.78	00:46.97	985.15	0.00	1986.93
12	4635	Noah Botha	01:23.32	1027.36	00:52.81	955.95	0.00	1983.31 PB
13	1646	Henri Pretorius; (Kenridge Ps)	01:33.15	1007.70	00:50.49	967.55	0.00	1975.25
14	4436	Philip Lourens (Rhenish Ps)	01:36.30	1001.40	00:52.06	959.70	0.00	1961.10

15	3711	Daandre Troost (Boston Ps)	01:29.11	1015.78	00:55.70	941.50	0.00	1957.28
16	2412	Stefanus Louw (Kenridge Ps)	01:17.78	1038.44	01:02.70	906.50	0.00	1944.94
17	4626	Caleb Micklethwaite	01:32.20	1009.60	01:01.59	912.05	0.00	1921.65 PB
18	2981	Pieter Wentzel (Durbanville Ps)	01:39.50	995.00	01:29.94	770.30	0.00	1765.30

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/13 GIRLS National Record: N/A Provincial Record: N/A

1	1347	Zani Van Dyk (Beaumont Ps)	03:05.07	983.86	00:34.72	1012.80	0.00	1996.66
2	1405	Lara Rosenstrauch (De Hoop Ps)	03:12.03	969.94	00:37.66	983.40	0.00	1953.34
3	1422	Yvette Louw (Kenridge Ps)	03:12.24	969.52	00:39.81	961.90	0.00	1931.42
4	1335	Heike Wessels (Vredeloof Ps)	02:58.17	997.66	00:42.98	930.20	0.00	1927.86
5	2873	Lua Store (Durbanville Ps)	03:16.59	960.82	00:40.68	953.20	0.00	1914.02
6	3708	Mischa Laker (Durbanville Ps)	03:21.31	951.38	00:41.84	941.60	0.00	1892.98
7	1420	Berne Peters (De Hoop Ps)	03:14.17	965.66	00:45.60	904.00	0.00	1869.66
8	1228	Kara Wentzel (Durbanville Ps)	03:21.89	950.22	00:44.49	915.10	0.00	1865.32
9	4444	Aaliah Bagley (Holy Cross Sisters Ps)	03:58.28	877.44	00:47.28	887.20	0.00	1764.64 PB
10	1288	Livia Vancoillie (Durbanville Ps)	03:56.84	880.32	00:50.35	856.50	0.00	1736.82

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/13 BOYS National Record: N/A Provincial Record: N/A

1	1438	Delmar Benecke (Jan van Riebeeck Ps)	02:37.87	1030.26	00:33.80	1022.00	0.00	2052.26
2	3019	Nico Swart (Lochnerhof Ps)	02:51.16	1003.68	00:32.15	1038.41	0.00	2042.09
3	1247	Jack Fouche (Kenridge Ps)	02:52.05	1001.90	00:36.16	998.40	0.00	2000.30
4	1227	Stephan Pienaar (Welgemoed Ps)	02:44.30	1017.40	00:37.97	980.30	0.00	1997.70
5	2280	Jean Troskie (Durbanville Ps)	03:07.71	970.58	00:33.41	1025.90	0.00	1996.48
6	1423	Wian Joubert (Durbanville Ps)	02:54.39	997.22	00:36.78	992.20	0.00	1989.42
7	1270	Ben Louw (Durbanville Ps)	02:51.61	1002.78	00:38.34	976.60	0.00	1979.38
8	2409	Keegan Michael (Beaumont Ps)	02:53.80	998.40	00:38.38	976.20	0.00	1974.60
9	1645	Theo Pretorius (Kenridge Ps)	02:52.74	1000.52	00:38.74	972.60	0.00	1973.12
10	1433	Earle van der Watt (Beaumont Ps)	03:09.62	966.76	00:36.34	996.60	0.00	1963.36
11	2279	Roean Troskie (Durbanville Ps)	03:25.26	935.48	00:33.25	1027.50	0.00	1962.98
12	3766	Xavier Chippendale	03:12.71	960.58	00:36.93	990.70	0.00	1951.28 PB
13	2875	Matthew Thomas (Durbanville Ps)	02:58.89	988.22	00:40.19	958.10	0.00	1946.32
14	1238	Franko Peters (De Hoop Ps)	02:46.68	1012.64	00:43.29	927.10	0.00	1939.74
15	3056	James Glover (Welgemoed Ps)	03:05.28	975.44	00:44.32	916.80	0.00	1892.24
16	1430	Trowyk Troost (Totius Ps)	03:29.55	926.90	00:44.21	917.90	0.00	1844.80 PB
17	4641	Chezlin Pekeur	03:08.93	968.14	00:51.39	846.10	0.00	1814.24 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
U/15 GIRLS			National Record: N/A			Provincial Record: N/A		

1	1245	Almi Geyser (Bloemhof Hs)	02:41.19	1023.62	01:09.12	1029.40	0.00	2053.02
2	1431	Amy Combrink (Sweet Valley Ps)	03:05.00	976.00	01:04.00	1055.00	0.00	2031.00
3	3607	Juane Burger (Durbanville Ps)	02:53.30	999.40	01:13.19	1009.05	0.00	2008.45
4	1418	Larah Aucamp (Kenridge Ps)	02:45.27	1015.46	01:16.91	990.45	0.00	2005.91
5	1255	Mieka Vermeulen (Kenridge Ps)	02:48.39	1009.22	01:20.34	973.30	0.00	1982.52
6	1321	Lara Stander (Durbanville Ps)	02:35.77	1034.46	01:28.19	934.05	0.00	1968.51
7	3589	Lia Assad (Durbanville Hs)	03:14.95	956.10	01:14.97	1000.15	0.00	1956.25
8	1350	Anke Stander (Durbanville Ps)	02:40.87	1024.26	01:29.16	929.20	0.00	1953.46
9	4220	Simoné Gerber (Curro Sitari Hs)	03:20.87	944.26	01:13.92	1005.40	0.00	1949.66
10	3628	Ane Cloete (Durbanville Hs)	03:15.22	955.56	01:16.48	992.60	0.00	1948.16
11	1401	Lana Doman (Durbanville Hs)	03:16.15	953.70	01:25.19	949.05	0.00	1902.75
12	1290	Zia Petersen (Forest Village Ps)	03:38.15	909.70	01:17.22	988.90	0.00	1898.60
13	3375	Ninke Duvenhage (Gene Louw Ps)	03:07.77	970.46	01:37.09	889.55	0.00	1860.01
14	4245	Zanne Marcus (Curro Durbanville Ps)	03:29.91	926.18	01:29.78	926.10	0.00	1852.28
	#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
U/15 BOYS				National Record: N/A			Provincial Record: N/A	
1	1268	Rosseau Burger (Paul Roos Hs)	02:39.82	1006.36	01:07.93	1025.35	0.00	2031.71
2	3619	Eben de Jongh (Durbanville Hs)	02:41.82	1002.36	01:13.94	995.30	0.00	1997.66
3	1211	Liam Els (Welgemoed Ps)	02:36.46	1013.08	01:16.14	984.30	0.00	1997.38

4	1307	Jean-Roux Wessels (Stellenberg Hs)	02:33.82	1018.36	01:20.14	964.30	0.00	1982.66
5	1244	Albert Griesel (Jan van Riebeeck Hs)	02:34.69	1016.62	01:24.05	944.75	0.00	1961.37
6	2794	Louis Store (Durbanville Ps)	02:35.09	1015.82	01:28.38	923.10	0.00	1938.92
7	3626	Hanru Steyn (Durbanville Hs)	03:14.29	937.42	01:14.50	992.50	0.00	1929.92
8	4541	Hugo Wetzl (Beaumont Ps)	02:54.62	976.76	01:25.16	939.20	0.00	1915.96
9	4640	Jordan Benson	02:52.79	980.42	01:46.84	830.80	0.00	1811.22 PB
10	4215	Nigellino Stoffels (Kasselsvlei Hs)	02:50.00	986.00	01:48.40	823.00	0.00	1809.00 PB
11	3764	Handro Cloete	02:26.48	1033.04	02:06.79	731.05	0.00	1764.09 PB

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/17 GIRLS

National Record: N/A

Provincial Record: N/A

1	1385	Mila Aucamp (Durbanville Hs)	02:39.24	1027.52	01:10.20	1024.00	0.00	2051.52
2	1232	Imke Els (Paarl Girls High School)	02:35.80	1034.40	01:12.54	1012.30	0.00	2046.70
3	1362	Alice Venter (Curro Durbanville Hs)	02:32.05	1041.90	01:15.13	999.35	0.00	2041.25 PB
4	1416	Wilmien Verbeek (Curro Durbanville Hs)	02:47.56	1010.88	01:10.75	1021.25	0.00	2032.13
5	3730	Anneke Stassen (Durbanville Hs)	03:13.06	959.88	01:15.72	996.40	0.00	1956.28

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/17 BOYS

National Record: N/A

Provincial Record: N/A

1	1283	Alexander Benecke (Rondebosch Hs)	02:24.58	1014.84	01:01.47	1032.65	0.00	2047.49
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2	3761	JP van der Walt (Paarl Valley Hs)	02:18.31	1027.38	01:10.85	985.75	0.00	2013.13
3	4439	Kian Eksteen	02:27.28	1009.44	01:08.69	996.55	0.00	2005.99
4	1235	Stephan Griesel (Jan van Riebeeck Hs)	02:43.20	977.60	01:12.55	977.25	0.00	1954.85
5	4638	Danté Fourie	02:46.36	971.28	01:14.40	968.00	0.00	1939.28 PB
6	1340	Christiaan Pienaar (Durbanville Hs)	02:37.66	988.68	01:25.84	910.80	0.00	1899.48
7	3768	Jan-Paul Herselman	02:32.30	999.40	01:28.30	898.50	0.00	1897.90
8	4644	Andrew Steyn	02:36.70	990.60	01:30.69	886.55	0.00	1877.15 PB
9	4628	Marnus Nothnagel (Durbanville Hs)	02:58.09	947.82	01:25.68	911.60	0.00	1859.42 PB

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/19 GIRLS

National Record: N/A

Provincial Record: N/A

1	1320	Julia Monk (Reddam Constantia Hs)	03:23.89	940.22	01:20.25	983.75	0.00	1923.97
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#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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U/19 BOYS

National Record: N/A

Provincial Record: N/A

1	1648	Grant McLeroth (Reddam Constantia Hs)	02:36.28	985.44	00:57.31	1053.45	0.00	2038.89
2	4217	Mark Laker (Durbanville Hs)	02:44.76	968.48	01:04.26	1018.70	0.00	1987.18
3	3765	Logan Chippendale	02:49.40	959.20	01:04.71	1016.45	0.00	1975.65

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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SENIORS WOMEN

National Record: N/A

Provincial Record: N/A

1	3597	Zelda De Kock	02:47.15	1021.70	01:13.81	1025.95	45.00	2092.65
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2	4438	Tanya Loots	03:34.42	927.16	01:11.40	1038.00	24.00	1989.16
3	4633	Millie van Eyssen	03:00.33	995.34	01:32.65	931.75	39.00	1966.09 PB
4	1284	Renee Peters	04:18.04	839.92	01:39.60	897.00	48.00	1784.92
5	4579	Tammy Leybrandt	03:29.67	936.66	02:29.78	646.10	39.00	1621.76 PB
6	4210	Kgothatso Jiyana	05:12.41	731.18	02:00.38	793.10	12.00	1536.28 PB

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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SENIORS MEN

National Record: N/A

Provincial Record: N/A

1	1262	Stefan Burger	02:25.91	996.18	01:11.00	995.00	33.00	2024.18
2	4623	William Lyons	02:43.26	961.48	01:14.29	978.55	27.00	1967.03 PB
3	4552	Coenraad van Eyssen	02:43.54	960.92	01:20.26	948.70	45.00	1954.62 PB
4	4631	Jacobus Christiaan Hendriks	03:00.41	927.18	01:12.80	986.00	30.00	1943.18 PB

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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JNR WOMEN

National Record: N/A

Provincial Record: N/A

1	1659	Karli Coetzee	02:52.74	1010.52	01:14.15	1024.25	0.00	2034.77
2	1356	Anika Roux	03:22.74	950.52	01:43.26	878.70	0.00	1829.22

#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points
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JNR MEN

National Record: N/A

Provincial Record: N/A

1	1412	Emihl Rossouw	02:30.97	986.06	01:02.26	1023.70	0.00	2009.76
2	4634	Ebert Wessels	02:20.72	1006.56	01:20.28	933.60	0.00	1940.16 PB
3	4216	Nico Erasmus	02:58.83	930.34	01:52.56	772.20	0.00	1702.54
4	4446	Clayton Fortuin	03:22.98	882.04	01:48.13	794.35	0.00	1676.39 PB

MASTERS 40+ WOMEN				National Record: N/A			Provincial Record: N/A	
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
1	1258	Lize-Ahn Aucamp	03:01.01	1019.98	01:08.59	1077.05	15.00	2112.03
2	2471	Sunee Pretorius	02:57.83	1026.34	01:10.88	1065.60	10.00	2101.94
3	4629	Annelize de Villiers	03:22.08	977.84	01:34.06	949.70	20.00	1947.54 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
MASTERS 40+ MEN				National Record: N/A			Provincial Record: N/A	
1	1497	Rowan Marais	02:35.44	1001.12	01:01.72	1066.40	35.00	2102.52
2	4624	Deon Coetzee	02:33.21	1005.58	01:06.40	1043.00	40.00	2088.58 PB
3	1277	Derick Troost	02:56.65	958.70	01:08.49	1032.55	5.00	1996.25 PB
4	1233	Ben Peters	02:55.31	961.38	01:10.91	1020.45	5.00	1986.83
5	4627	Tienie Nothnagel	02:47.90	976.20	01:46.12	844.40	45.00	1865.60 PB
6	4642	Morgan January	02:54.29	963.42	02:25.44	647.80	15.00	1626.22 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
MASTERS 50+ WOMEN				National Record: N/A			Provincial Record: N/A	
1	4581	Leslene Manchest	05:37.79	728.42	02:10.35	793.25	40.00	1561.67 PB
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
MASTERS 50+ MEN				National Record: N/A			Provincial Record: N/A	
1	1334	Roger Bezuidenhout	02:49.47	995.06	01:05.06	1074.70	0.00	2069.76
2	4645	Franz Wetzl	03:03.85	966.30	01:14.13	1029.35	0.00	1995.65 PB
3	4291	JP Mieny	02:57.56	978.88	01:24.82	975.90	25.00	1979.78
4	4632	Edward West	03:08.08	957.84	01:24.16	979.20	35.00	1972.04 PB
5	2347	Mike Clarke	03:03.10	967.80	01:29.53	952.35	15.00	1935.15
6	1394	Jason Monk	02:49.78	994.44	01:51.27	843.65	20.00	1858.09

MASTERS 60+ WOMEN				National Record: N/A			Provincial Record: N/A	
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
1	1250 Linda du Bruyn	01:29.60	1042.80	00:48.97	1005.15	0.00	2047.95	
MASTERS 60+ MEN				National Record: N/A			Provincial Record: N/A	
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
1	1414 Michael Archer	01:18.01	1033.98	00:33.31	1068.45	48.00	2150.43 PB	
2	4456 Graham Manchest	01:24.20	1021.60	00:39.14	1039.30	12.00	2072.90	
3	1294 Marius Vorster	01:48.87	972.26	00:41.44	1027.80	42.00	2042.06	
4	1369 Tertius du Bruyn	01:36.59	996.82	00:43.83	1015.85	24.00	2036.67	
5	4447 Gregory Bagley	01:46.56	976.88	00:47.69	996.55	36.00	2009.43	
6	4622 Mark Lyons	01:56.59	956.82	00:40.82	1030.90	6.00	1993.72 PB	
#	Athlete	Run Time	RP	Swim Time	SP	BP	Total Points	
MASTERS 70+ MEN				National Record: N/A			Provincial Record: N/A	
1	1428 Robert Swartz	01:31.19	1033.62	00:59.47	967.65	60.00	2061.27	

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