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2019 WP CHAMPIONSHIP (2019-02-27)

RESULTS

Under 8 Boys

SA Record = 3500 (Not Applicable - 2018) **Provincial Record = 2379** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	5380	Alexander	van der Werf	Welgemoed PS	01:13.97	1195.15	00:22.08	1129.2	2324.35
2	4702	Franko	Peters	De Hoop PS	01:21.54	1157.3	00:22.66	1123.4	2280.7
3	2299	Michael	Kemp	De Hoop PS	01:25.91	1135.45	00:20.53	1144.7	2280.15
4	8737	Adriaan	Wessels	Jan Van Riebeeck PS	01:19.18	1169.1	00:24.06	1109.4	2278.5
5	7570	Delmar	Benecke	Jan Van Riebeeck PS	01:24.28	1143.6	00:22.05	1129.5	2273.1
6	8254	Daniel	van den Berg	Eikestad PS	01:14.19	1194.05	00:27.39	1076.1	2270.15
7	7062	Nick	Smit	Eikestad PS	01:23.51	1147.45	00:24.12	1108.8	2256.25
8	4685	Daniel	Krüger	Individual	01:25.18	1139.1	00:23.50	1115	2254.1
9	2145	Louis	Andrag	Durbanville PS	01:31.45	1107.75	00:22.14	1128.6	2236.35
10	5571	Marcel	November	Khayalitsha PS	01:32.38	1103.1	00:22.86	1121.4	2224.5
11	8726	Alexander	Wetzi	Beaumont PS	01:26.16	1134.2	00:28.04	1069.6	2203.8
12	6895	Tienie	Louw	Durbanville PS	01:40.16	1064.2	00:27.33	1076.7	2140.9
13	7164	Luttig	Malherbe	Durbanville PS	01:36.69	1081.55	00:37.39	976.1	2057.65

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
14	6737	Asher	van Wyk	Khayalitsha PS	01:47.47	1027.65	00:36.88	981.2	2008.85
15	4999	Dylan	Wolson	Individual	02:13.01	899.95	01:01.16	738.4	1638.35

Under 8 Girls

SA Record = 3500 (Not Applicable - 2018) **Provincial Record = 2307** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	3070	Karien	Coetzee	De Hoop PS	01:21.74	1181.3	00:23.29	1117.1	2298.4
2	2971	Leane	Swanepoel	Stellenbosch PS	01:34.02	1119.9	00:24.47	1105.3	2225.2
3	4857	Jana	Olivier	Jan Van Riebeeck PS	01:24.75	1166.25	00:29.96	1050.4	2216.65
4	5905	Annabel	Smit	Eikestad PS	01:28.99	1145.05	00:27.87	1071.3	2216.35
5	9121	Ané	Swanepoel	Jan Van Riebeeck PS	01:32.83	1125.85	00:27.04	1079.6	2205.45
6	6517	Kara	Wentzel	Durbanville PS	01:34.52	1117.4	00:29.24	1057.6	2175
7	7763	Taylor	Tredoux	Table View PS	01:54.99	1015.05	00:32.26	1027.4	2042.45
8	6473	Berne	Peters	De Hoop PS	01:50.60	1037	00:37.90	971	2008

Under 9 Boys

SA Record = 2451 (Dieter Naude - 2018) **Provincial Record = 2394.79** (Nathan van den Berg - 2019-02-27)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	3041	Nathan	van den Berg	Eikestad PS	02:38.17	1214.15	00:37.91	1180.64	2394.79 (prov)
2	2329	Nicolas	Minnaar	Welgemoed PS	02:46.73	1171.35	00:44.53	1074.72	2246.07
3	6876	Steffan	Hillebrand	Elkanah House PS	02:42.13	1194.35	00:46.62	1041.28	2235.63
4	8967	Liam	Els	Welgemoed PS	02:49.94	1155.3	00:45.91	1052.64	2207.94
5	6175	Ruald	Naudé	Jan Van Riebeeck PS	02:57.04	1119.8	00:51.02	970.88	2090.68

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
6	2974	Hugo	Wetzi	Beaumont PS	02:55.46	1127.7	00:52.07	954.08	2081.78
7	6208	Ben	Ludick	Gene Louw PS	04:01.74	796.3	01:02.69	784.16	1580.46

Under 9 Girls

SA Record = 2462 (Keira van Heerden - 2017) **Provincial Record = 2435.01** (Tatiana Thomatos - 2019-02-27)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	2388	Tatiana	Thomatos	Eversdal PS	02:45.99	1250.05	00:37.64	1184.96	2435.01 (prov)
2	1650	Larah	Aucamp	Kenridge PS	02:49.93	1230.35	00:42.56	1106.24	2336.59
3	2963	Minke	Shaw	Eikestad PS	02:50.68	1226.6	00:44.20	1080	2306.6
4	7950	Anieka	Louw	Durbanville PS	02:55.04	1204.8	00:44.13	1081.12	2285.92
5	2379	Taygen	Koopman	Khayalitsha PS	03:09.75	1131.25	00:42.83	1101.92	2233.17
6	2330	Stephanie	Minnaar	Welgemoed PS	03:10.03	1129.85	00:44.41	1076.64	2206.49
7	2998	Danelle	van Tonder	Panorama PS	03:08.13	1139.35	00:48.85	1005.6	2144.95
8	3063	Evi	Benson	Somerset College PS	03:03.69	1161.55	00:50.45	980	2141.55
9	1676	Roxie	van Heerden	Kenridge PS	03:27.12	1044.4	00:44.92	1068.48	2112.88
10	2363	Esther	Matloko	De Kuilen PS	03:02.71	1166.45	00:53.66	928.64	2095.09
11	9241	Jessie	Ludick	Gene Louw PS	04:17.59	792.05	01:04.62	753.28	1545.33

Under 11 Boys

SA Record = 2455 (Joshue Eccles - 2018) **Provincial Record = 2402** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	6018	Luka	Ludorf	Kenridge PS	02:30.76	1196.2	00:33.56	1186.24	2382.44
2	5059	Joshua	Bannister	Welgemoed PS	02:36.19	1169.05	00:34.78	1166.72	2335.77
3	7097	Eben	Bester	Kenridge PS	02:47.76	1111.2	00:33.48	1187.52	2298.72

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
4	2392	Alexander	Benecke	Jan Van Riebeeck PS	02:42.00	1140	00:36.44	1140.16	2280.16
5	6540	Luan	Stander	Durbanville PS	02:42.39	1138.05	00:36.60	1137.6	2275.65
6	2333	Stefano	Schmidt	Curro PS	02:33.70	1181.5	00:39.64	1088.96	2270.46
7	2978	Lourens	van der Walt	Jan Van Riebeeck PS	02:49.35	1103.25	00:35.40	1156.8	2260.05
8	7638	Christiaan	Pienaar	Welgemoed PS	02:31.17	1194.15	00:41.25	1063.2	2257.35
9	1675	Callum	Koekemoer	Durbanville PS	02:53.83	1080.85	00:35.40	1156.8	2237.65
10	3005	Nathan	Pautz	Table View PS	02:58.14	1059.3	00:38.46	1107.84	2167.14
11	5372	Anrich	Kritzinger	Table View PS	02:48.57	1107.15	00:41.58	1057.92	2165.07
12	2335	Eben	de Jongh	Durbanville PS	02:49.69	1101.55	00:41.26	1063.04	2164.59
13	6369	Kyle	Lombard	Durbanville PS	03:05.35	1023.25	00:36.68	1136.32	2159.57
14	6213	Matteo	Munna	Durbanville PS	03:12.48	987.6	00:42.07	1050.08	2037.68
15	2364	Timothy	Matloko	De Kuilen PS	02:54.78	1076.1	00:50.60	913.6	1989.7
16	2320	Sreerag	Sathyan	Holy Cross Sister PS	03:26.58	917.1	00:42.84	1037.76	1954.86
17	2393	Albert	Griesel	Jan Van Riebeeck PS	03:13.17	984.15	00:49.04	938.56	1922.71
18	1713	Callan	Lakay	Table View PS	04:39.92	550.4	00:41.34	1061.76	1612.16

Under 11 Girls

SA Record = 2432.63 (Keira Van Heerden (EP) - Unoffi - 2019) **Provincial Record** = 2425.02 (Isabella Carneiro - 2018-03-30)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	2412	Charné	van Tonder	Panorama PS	02:43.18	1164.1	00:33.71	1183.84	2347.94
2	8171	Mieke	van de Wal	Durbanville PS	02:53.99	1110.05	00:34.56	1170.24	2280.29
3	7878	Kari	Hillebrand	Elkanah House PS	02:39.07	1184.65	00:41.12	1065.28	2249.93
4	9758	Imke	Els	Welgemoed PS	02:43.89	1160.55	00:39.84	1085.76	2246.31
5	2301	Cara	Els	Durbanville PS	02:57.03	1094.85	00:39.83	1085.92	2180.77

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
6	1708	Ammaarah	Davids	Arcadia PS	02:53.58	1112.1	00:43.79	1022.56	2134.66
7	2355	Nichole	Koks	Stradford PS	03:10.35	1028.25	00:38.66	1104.64	2132.89
8	2977	Sopia	Liebenberg	Jan Van Riebeeck PS	03:09.93	1030.35	00:40.31	1078.24	2108.59
9	2088	Nina	Benson	Somerset College PS	03:01.88	1070.6	00:42.97	1035.68	2106.28
10	8231	Cara	Swanepoel	Jan Van Riebeeck PS	03:05.28	1053.6	00:44.88	1005.12	2058.72
11	1748	Caitlin	de Kock	Durbanville PS	03:11.75	1021.25	00:46.08	985.92	2007.17
12	1892	Zia	Petersen	Forest Village Leadership Academy PS	03:40.27	878.65	00:41.69	1056.16	1934.81
13	2325	Emma	Rossouw	Kenridge PS	03:51.83	820.85	00:40.96	1067.84	1888.69
14	5739	Cassidy	Adams	Khayalitsha PS	03:56.59	797.05	00:55.54	834.56	1631.61

Under 13 Boys

SA Record = 2507 (Jannie Briers-Louw - 2007) **Provincial Record = 2427** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	2391	Stef	Mostert	Jan Van Riebeeck PS	03:57.27	1118.65	01:03.42	1209.8	2328.45
2	2351	Alshane	Edwards	Khayalitsha PS	03:50.20	1154	01:10.77	1136.3	2290.3
3	1480	Dirkie	van Heerden	Kenridge PS	04:00.13	1104.35	01:09.77	1146.3	2250.65
4	2959	Daniel	Wolson	Individual	04:05.99	1075.05	01:09.31	1150.9	2225.95
5	1800	Van Dyk	Engelbrecht	Durbanville PS	04:12.45	1042.75	01:06.18	1182.2	2224.95
6	7969	John	Willcox	Jan Van Riebeeck PS	04:05.60	1077	01:16.53	1078.7	2155.7
7	1763	Matthew	Kemp	De Hoop PS	04:04.66	1081.7	01:18.04	1063.6	2145.3
8	2968	Franz	Wetzi	Beaumont PS	04:08.49	1062.55	01:18.34	1060.6	2123.15
9	2068	Luke	Mckenzie	Reddamhouse HS	04:10.04	1054.8	01:21.55	1028.5	2083.3

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
10	1973	Ryan	Voigt	Bishops PS	04:33.55	937.25	01:10.53	1138.7	2075.95
11	2394	Stefan	Griesel	Jan Van Riebeeck PS	04:28.31	963.45	01:52.38	720.2	1683.65

Under 13 Girls

SA Record = 2490 (Gillian Curr - 1995) **Provincial Record = 2434** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	2205	Isabella	Carneiro	Panorama PS	03:09.21	1208.95	01:10.28	1161.2	2370.15
2	1921	Charné	Fourie	Durbanville PS	03:17.17	1169.15	01:13.46	1129.4	2298.55
3	6610	Mia	Nortjé	Jan Van Riebeeck PS	03:20.13	1154.35	01:14.04	1123.6	2277.95
4	1952	Mila	Aucamp	Kenridge PS	03:21.11	1149.45	01:17.55	1088.5	2237.95
5	1436	Rebecca	Nolan	Reddamhouse HS	03:22.18	1144.1	01:18.10	1083	2227.1
6	2208	Skye	Micklethwaite	Springfield PS	03:36.63	1071.85	01:15.02	1113.8	2185.65
7	5551	Mari	Swanepoel	Jan Van Riebeeck PS	03:28.91	1110.45	01:29.94	964.6	2075.05
8	1671	Saskia	Reddering	Durbanville PS	03:43.64	1036.8	01:24.22	1021.8	2058.6
9	2979	Isabella	van der Walt	Jan Van Riebeeck PS	03:44.54	1032.3	01:26.41	999.9	2032.2
10	1749	Olivia	Wilson	Durbanville PS	03:55.54	977.3	01:40.62	857.8	1835.1
11	8989	Julia	Monk	Sweet Valley PS	04:21.73	846.35	01:32.26	941.4	1787.75

Under 15 Boys

SA Record = 2417.65 (Francois Malherbe (Bol) - Unoffi - 2019) **Provincial Record = 2323.25** (Brendan Oosthuizen - 2019-02-27)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	4613	Brendan	Oosthuizen	Stellenberg HS	05:05.93	1110.35	00:59.11	1212.9	2323.25 (prov)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
2	2407	Leonardo	van der Werf	Individual	04:53.47	1172.65	01:05.81	1145.9	2318.55
3	5304	Rikus	Saaiman	Durbanville HS	05:12.66	1076.7	01:00.83	1195.7	2272.4
4	8220	Charl	Laubscher	Durbanville HS	04:52.74	1176.3	01:14.12	1062.8	2239.1
5	4904	Ruben	Crous	Durbanville HS	05:28.56	997.2	01:00.96	1194.4	2191.6
6	1823	Samuel	Booyesen	Khayalitsha PS	05:22.83	1025.85	01:06.54	1138.6	2164.45
7	3051	Lourens	Kotzé	Individual	05:23.43	1022.85	01:10.06	1103.4	2126.25
8	2207	Tyler	Micklethwaite	SACS PS	05:32.65	976.75	01:06.46	1139.4	2116.15
9	2319	Sreyams	Sathyan	Fairmont HS	05:10.14	1089.3	01:18.00	1024	2113.3
10	2324	Emihl	Rossouw	Durbanville HS	05:28.28	998.6	01:09.41	1109.9	2108.5
11	2380	Luke	van Neel	Khayalitsha PS	05:09.28	1093.6	01:28.98	914.2	2007.8
12	1867	Ewaldt	Louw	Durbanville HS	05:50.93	885.35	01:27.62	927.8	1813.15

Under 15 Girls

SA Record = 2461 (Toni Rafferty - 2016) **Provincial Record = 2430** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	2289	Elandri	Schmidt	Bloemhof Meisies HS	03:01.58	1212.1	01:09.94	1134.6	2346.7
2	1859	Savannah	Voigt	Herschel Girls HS	03:38.74	1026.3	01:04.44	1189.6	2215.9
3	3058	Katie	Phillipps	Fairmont HS	03:29.14	1074.3	01:18.80	1046	2120.3
4	8440	Anika	Visser	Reddamhouse HS	03:27.82	1080.9	01:20.71	1026.9	2107.8
5	1542	Rebecca	Monk	Reddamhouse HS	03:40.04	1019.8	01:18.82	1045.8	2065.6
6	6142	Amica	Nieuwoudt	Stellenberg HS	04:09.61	871.95	01:25.42	979.8	1851.75

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
7	2362	Emanuela	Matloko	De Kuilen HS	04:31.11	764.45	01:54.18	692.2	1456.65

Under 17 Boys

SA Record = 2299.15 (Cody Coombe-Davis (EP)- Unoffic - 2019) **Provincial Record = 2292.9** (Joshua Scott - 2019-02-27)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1370	Joshua	Scott	Reddamhouse HS	04:51.90	1085.5	00:58.66	1207.4	2292.9 (prov)
2	1501	Daniël	Wiese	Jan Van Riebeeck HS	04:54.62	1071.9	01:08.36	1110.4	2182.3
3	1557	Michael	van Schalkwyk	El Shaddai HS	05:27.99	905.05	01:06.71	1126.9	2031.95
4	2047	Braam	van der Vyver	Jan Van Riebeeck HS	05:40.15	844.25	01:04.67	1147.3	1991.55
5	5697	Dylan	Keyser	Jan Van Riebeeck HS	04:57.52	1057.4	01:33.07	863.3	1920.7
6	1586	Johan	Voges	Stellenberg HS	06:00.74	741.3	01:02.34	1170.6	1911.9
7	5873	Michael	Massyn	Jan Van Riebeeck HS	05:50.38	793.1	01:09.55	1098.5	1891.6

Under 17 Girls

SA Record = 2472 (Alexandra Quenet - 2011) **Provincial Record = 2468** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	6700	Anna	Backeberg	Deutsche Internationale HS	03:15.43	1142.85	01:13.86	1095.4	2238.25
2	5601	Sarah	Allardice	Milnerton HS	03:27.58	1082.1	01:11.32	1120.8	2202.9
3	2972	Nicke	van Rensburg	Stellenberg HS	03:39.72	1021.4	01:13.96	1094.4	2115.8
4	8040	Nadine	Visser	Reddamhouse HS	03:18.84	1125.8	01:32.50	909	2034.8
5	2192	Eden	Hoefler	Jan Van Riebeeck HS	03:53.46	952.7	01:25.34	980.6	1933.3

Under 19 Boys

SA Record = 2331.80 (Retief Ochse (WP) - Unofficial - 2019) **Provincial Record = 2331.8** (Retief Ochse - 2019-02-02)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1486	Adrian	Taylor	Wynberg Boys HS	05:00.07	1044.65	00:55.24	1241.6	2286.25
2	2100	Luke	Altmann	Wynberg Boys HS	05:09.08	999.6	00:54.43	1249.7	2249.3
3	1523	Thomas	Fowler	Stellenberg HS	05:14.71	971.45	01:02.72	1166.8	2138.25
4	1637	Tasleem	Davids	Modderdam HS	04:59.51	1047.45	No Swim	0	DNF

Under 19 Girls

SA Record = 2485 (Marinda Oosthuizen - 2005) **Provincial Record = 2445** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1517	Danielle	du Toit	Durbanville HS	03:30.05	1074.75	01:15.86	1085.4	2160.15
2	1548	Jansie	Slabbert	Individual	03:38.01	1034.95	01:21.20	1032	2066.95
3	1584	Lauren	Goodwin	El Shaddai HS	03:42.38	1013.1	01:19.55	1048.5	2061.6
4	1428	Arleen	Moorcroft	Milnerton HS	04:10.28	873.6	01:10.79	1136.1	2009.7

Senior (Open) Men

SA Record = 2346.55 (Dylan Kruger - Unofficial - 2018) **Provincial Record = 2224.75** (Paul Roux - 2018-12-01)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1531	Philip	Fouche	Individual	04:58.67	1026.65	01:01.48	1179.2	2205.85
2	2072	Calvin	Hammond	Individual	04:48.17	1079.15	01:11.78	1076.2	2155.35
3	5507	Corne	Jooste	Individual	04:59.77	1021.15	01:25.24	941.6	1962.75

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
4	1375	Camerine	van Niekerk	Individual	05:40.61	816.95	01:07.92	1114.8	1931.75
5	2403	Ridewaan	Nichols	Individual	05:16.11	939.45	01:25.16	942.4	1881.85

Senior (Open) Ladies

SA Record = 2525 (Edith Otterman - 1995) **Provincial Record = 2470** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1303	Marna	Louwrens	Individual	03:21.74	1116.3	01:07.48	1199.2	2315.5
2	8807	Leanda	du Bruyn	Individual	02:57.85	1235.75	01:23.04	1043.6	2279.35
3	3042	Gretchen	Bekker	Individual	03:48.75	981.25	01:10.62	1167.8	2149.05

Jnr Veteran Men

SA Record = 2435 (Charles Beaurain - 2018) **Provincial Record = 2369** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1837	Jeandré	Swanepoel	Individual	02:55.62	1106.9	01:05.39	1140.1	2327
2	5108	Rodney	Wearing	Individual	03:16.59	1002.05	01:03.67	1157.3	2239.35
3	8260	Earle	van der Watt	Individual	03:25.17	959.15	01:17.92	1014.8	2069.95

Jnr Veteran Ladies

SA Record = 2360 (Nerissa le Roux - 2018) **Provincial Record = 2369.7** (Lize-Ahn Aucamp - 2019-02-27)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	4611	Lize-Ahn	Aucamp	Individual	03:32.46	1062.7	01:06.50	1219	2369.7 (sa) (prov)
2	1877	Esrie	Look-Bezuidenhout	Individual	03:24.21	1103.95	01:14.99	1134.1	2310.05

Veteran Men

SA Record = 2517 (Nicholas Theron - 2016) **Provincial Record = 2397** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1878	Roger	Bezuidenhout	Individual	03:07.33	1083.35	01:03.57	1208.3	2366.65
2	1951	Paul	Benson	Individual	02:58.99	1125.05	01:17.79	1066.1	2266.15
3	1396	Johan	Fowler	Individual	03:27.43	982.85	01:09.19	1152.1	2254.95
4	4332	Franz (snr)	Wetzi	Individual	03:29.56	972.2	01:09.52	1148.8	2196
5	5111	Francois	Janse van Rensburg	Individual	03:30.23	968.85	01:13.87	1105.3	2149.15
6	9804	Jason	Monk	Individual	03:25.60	992	01:47.39	770.1	1882.1

Veteran Ladies

SA Record = 2496 (Ilse Beukman - 2013) **Provincial Record = 2492** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1720	Kate	Bihl	Individual	03:28.46	1107.7	01:11.65	1207.5	2435.2
2	7766	Annine	Stander	Individual	04:02.25	938.75	01:21.29	1111.1	2154.85
3	6602	Lizette	Bannister	Individual	03:41.80	1041	01:29.24	1031.6	2147.6
4	1594	Madelein	Massyn	Individual	04:58.84	655.8	01:37.71	946.9	1677.7

SNR Veteran Men

SA Record = 2525 (Willie Wilson - 1997) **Provincial Record = 2440** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	7204	Elvin	van Zyl	Individual	03:18.41	1112.95	01:32.00	984	2096.95

SNR Veteran Ladies

SA Record = 2513 (Viv Williams - 2017) **Provincial Record = 2513** (Stored Record - Previous)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1722	Ashleigh-Jane	Fairweather	Individual	04:30.78	886.1	01:22.09	1163.1	2109.2
2	4682	Linda	du Bruyn	Individual	03:59.74	1041.3	01:51.85	865.5	1966.8

Masters Men

SA Record = 2433.17 (Johan Windt (Eden) - 2019) **Provincial Record = 2396.7** (Michael Archer - 2019-02-27)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	8768	Michael	Archer	Individual	02:43.98	1115.1	00:34.35	1221.6	2396.7 (prov)
2	1686	Dolph	Nortier	Individual	03:03.99	1015.05	00:40.17	1128.48	2223.53
3	5233	Robert	Swartz	Individual	03:20.22	933.9	00:54.41	900.64	2084.54

Masters Ladies

SA Record = 2313.56 (Stefanie Classen - Unofficial - 2018) **Provincial Record = 2294.85** (Marille Bass - 2018-10-13)

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1297	Tricia	Rix	Individual	06:02.87	365.65	01:07.98	731.52	1552.17

Special Needs Male

SA Record = 3500 (Not Applicable - 2018) **Provincial Record = N/A**

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	2226	Liam	Trelawney	Glenbridge Special Needs Sch	01:34.84	1275.8	00:51.24	1287.36	2563.16
2	1689	Bernie	Manzoni	Individual	04:48.93	305.35	01:16.91	876.64	1181.99

Special Needs Female

SA Record = 3500 (Not Applicable - 2018) **Provincial Record = N/A**

Pos	SA Number	First Name	Last Name	School/Club	Run Time	Run Points	Swim Time	Swim Points	Total Points
1	1672	Amelia	Reddering	Durbanville PS	01:19.93	1350.35	00:52.42	1268.48	2618.83
2	4893	Kyli	Kriel	Individual	02:20.02	1049.9	00:58.22	1175.68	2225.58