



Export (csv) (report.csv)

## 2018/2019 WP LEAGUE 7 DURBANVILLE (2019-02-16)

### RESULTS

#### Under 8 Boys

**SA Record = 3500** (Not Applicable - 2018) **Provincial Record = 2379** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name    | School/Club         | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|--------------|---------------------|----------|------------|-----------|-------------|--------------|
| 1   | 5380      | Alexander  | van der Werf | Welgemoed PS        | 01:17.43 | 1177.85    | 00:19.50  | 1155        | 2332.85      |
| 2   | 4702      | Franko     | Peters       | De Hoop PS          | 01:23.27 | 1148.65    | 00:22.59  | 1124.1      | 2272.75      |
| 3   | 4685      | Daniel     | Krüger       | Individual          | 01:28.72 | 1121.4     | 00:26.25  | 1087.5      | 2208.9       |
| 4   | 6227      | Daxton     | Liversage    | Jan Van Riebeeck PS | 01:27.70 | 1126.5     | 00:27.91  | 1070.9      | 2197.4       |
| 5   | 5790      | Ruben      | Eksteen      | Jan Van Riebeeck PS | 01:30.16 | 1114.2     | 00:28.88  | 1061.2      | 2175.4       |
| 6   | 6895      | Tienie     | Louw         | Durbanville PS      | 01:41.66 | 1056.7     | 00:29.56  | 1054.4      | 2111.1       |
| 7   | 7164      | Luttig     | Malherbe     | Durbanville PS      | 01:40.07 | 1064.65    | 00:37.49  | 975.1       | 2039.75      |
| 8   | 3064      | Christoff  | Els          | Durbanville PS      | 01:50.56 | 1012.2     | No Swim   | 0           | DNF          |

#### Under 8 Girls

**SA Record = 3500** (Not Applicable - 2018) **Provincial Record = 2307** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|--------------|
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|--------------|

| Pos | SA Number | First Name | Last Name  | School/Club    | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|------------|----------------|----------|------------|-----------|-------------|--------------|
| 1   | 6517      | Kara       | Wentzel    | Durbanville PS | 01:35.95 | 1110.25    | 00:30.18  | 1048.2      | 2158.45      |
| 2   | 6579      | Mila       | van Wyk    | Individual     | 01:44.96 | 1065.2     | 00:26.92  | 1080.8      | 2146         |
| 3   | 6473      | Berne      | Peters     | De Hoop PS     | 01:46.28 | 1058.6     | 00:36.77  | 982.3       | 2040.9       |
| 4   | 7763      | Taylor     | Tredoux    | Table View PS  | 01:56.07 | 1009.65    | 00:33.10  | 1019        | 2028.65      |
| 5   | 5833      | Chante     | Kritzinger | Table View PS  | 01:57.10 | 1004.5     | No Swim   | 0           | DNF          |

## Under 9 Boys

**SA Record = 2451** (Dieter Naude - 2018) **Provincial Record = 2391.61** (Nathan van den Berg - 2018-03-30)

| Pos | SA Number | First Name | Last Name | School/Club         | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|---------------------|----------|------------|-----------|-------------|--------------|
| 1   | 8967      | Liam       | Els       | Welgemoed PS        | 03:05.63 | 1076.85    | 00:45.74  | 1055.36     | 2132.21      |
| 2   | 6175      | Ruald      | Naudé     | Jan Van Riebeeck PS | 03:11.76 | 1046.2     | 00:51.70  | 960         | 2006.2       |
| 3   | 8737      | Adriaan    | Wessels   | Jan Van Riebeeck PS | 03:11.21 | 1048.95    | 01:11.08  | 649.92      | 1698.87      |
| 4   | 6208      | Ben        | Ludick    | Gene Louw PS        | 03:59.78 | 806.1      | 01:01.13  | 809.12      | 1615.22      |

## Under 9 Girls

**SA Record = 2462** (Keira van Heerden - 2017) **Provincial Record = 2398.29** (Tatiana Thomatos - 2019-02-02)

| Pos | SA Number | First Name | Last Name | School/Club    | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|----------------|----------|------------|-----------|-------------|--------------|
| 1   | 2388      | Tatiana    | Thomatos  | Eversdal PS    | 02:53.55 | 1212.25    | 00:38.57  | 1170.08     | 2382.33      |
| 2   | 2963      | Minke      | Shaw      | Eikestad PS    | 02:55.56 | 1202.2     | 00:44.33  | 1077.92     | 2280.12      |
| 3   | 7950      | Anieka     | Louw      | Durbanville PS | 02:59.67 | 1181.65    | 00:44.08  | 1081.92     | 2263.57      |
| 4   | 2363      | Esther     | Matloko   | De Kuilen PS   | 03:11.13 | 1124.35    | 00:48.65  | 1008.8      | 2133.15      |
| 5   | 4872      | Anabel     | van Wyk   | Individual     | 04:34.18 | 709.1      | 00:52.22  | 951.68      | 1660.78      |

| Pos | SA Number | First Name  | Last Name  | School/Club   | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|-------------|------------|---------------|----------|------------|-----------|-------------|--------------|
| 6   | 9241      | Jessie      | Ludick     | Gene Louw PS  | 04:25.24 | 753.8      | 01:02.83  | 781.92      | 1535.72      |
| 7   | 5430      | Megan-Marie | Kritzinger | Table View PS | 03:50.57 | 927.15     | 01:13.76  | 607.04      | 1534.19      |

## Under 11 Boys

**SA Record = 2455** (Joshue Eccles - 2018) **Provincial Record = 2402** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name    | School/Club         | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|--------------|---------------------|----------|------------|-----------|-------------|--------------|
| 1   | 5059      | Joshua     | Bannister    | Welgemoed PS        | 02:36.52 | 1167.4     | 00:34.77  | 1166.88     | 2334.28      |
| 2   | 6540      | Luan       | Stander      | Durbanville PS      | 02:42.25 | 1138.75    | 00:34.52  | 1170.88     | 2309.63      |
| 3   | 2978      | Lourens    | van der Walt | Jan Van Riebeeck PS | 02:51.85 | 1090.75    | 00:33.82  | 1182.08     | 2272.83      |
| 4   | 7638      | Christiaan | Pienaar      | Welgemoed PS        | 02:35.79 | 1171.05    | 00:40.51  | 1075.04     | 2246.09      |
| 5   | 3005      | Nathan     | Pautz        | Table View PS       | 02:49.93 | 1100.35    | 00:39.14  | 1096.96     | 2197.31      |
| 6   | 5372      | Anrich     | Kritzinger   | Table View PS       | 02:50.16 | 1099.2     | 00:39.50  | 1091.2      | 2190.4       |
| 7   | 8315      | Tate       | de Villiers  | De Hoop PS          | 03:07.47 | 1012.65    | 00:38.78  | 1102.72     | 2115.37      |
| 8   | 1713      | Callan     | Lakay        | Table View PS       | 03:09.35 | 1003.25    | 00:41.16  | 1064.64     | 2067.89      |
| 9   | 7152      | Jarod      | Brown        | Somerset West PS    | 02:45.69 | 1121.55    | 00:48.76  | 943.04      | 2064.59      |
| 10  | 7029      | Adam       | Lietch       | Welgemoed PS        | 02:57.06 | 1064.7     | 00:45.78  | 990.72      | 2055.42      |
| 11  | 6213      | Matteo     | Munna        | Durbanville PS      | 03:15.88 | 970.6      | 00:44.01  | 1019.04     | 1989.64      |
| 12  | 2364      | Timothy    | Matloko      | De Kuilen PS        | 02:54.54 | 1077.3     | 00:52.10  | 889.6       | 1966.9       |
| 13  | 5908      | Ethan      | van Heerden  | Curro PS            | 03:25.32 | 923.4      | 00:42.81  | 1038.24     | 1961.64      |
| 14  | 2393      | Albert     | Griesel      | Jan Van Riebeeck PS | 03:08.65 | 1006.75    | 00:53.84  | 861.76      | 1868.51      |

## Under 11 Girls

**SA Record = 2425** (Isabella Carneiro - 2018) **Provincial Record = 2425.02** (Isabella Carneiro - 2018-03-30)

| Pos | SA Number | First Name | Last Name | School/Club                          | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|--------------------------------------|----------|------------|-----------|-------------|--------------|
| 1   | 2088      | Nina       | Benson    | Somerset College PS                  | 02:55.79 | 1101.05    | 00:41.15  | 1064.8      | 2165.85      |
| 2   | 2301      | Cara       | Els       | Durbanville PS                       | 02:53.39 | 1113.05    | 00:42.47  | 1043.68     | 2156.73      |
| 3   | 1748      | Caitlin    | de Kock   | Durbanville PS                       | 03:17.34 | 993.3      | 00:46.90  | 972.8       | 1966.1       |
| 4   | 1892      | Zia        | Petersen  | Forest Village Leadership Academy PS | 04:17.51 | 692.45     | 00:41.77  | 1054.88     | 1747.33      |

## Under 13 Boys

**SA Record = 2507** (Jannie Briers-Louw - 2007) **Provincial Record = 2427** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name | School/Club         | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|---------------------|----------|------------|-----------|-------------|--------------|
| 1   | 2351      | Alshane    | Edwards   | Khayalitsha PS      | 03:59.46 | 1107.7     | 01:13.86  | 1105.4      | 2213.1       |
| 2   | 7223      | Kian       | Eksteen   | Jan Van Riebeeck PS | 04:58.70 | 811.5      | 01:29.46  | 949.4       | 1760.9       |
| 3   | 3052      | Xander     | Kotzé     | Durbanville PS      | 05:25.50 | 677.5      | 01:22.93  | 1014.7      | 1692.2       |
| 4   | 2394      | Stefan     | Griesel   | Jan Van Riebeeck PS | 04:32.56 | 942.2      | 01:49.84  | 745.6       | 1687.8       |
| 5   | 5631      | Paul       | Cupido    | Khayalitsha PS      | 04:40.17 | 904.15     | 01:53.14  | 712.6       | 1616.75      |
| 6   | 6459      | Ethon      | Swartz    | Khayalitsha PS      | 04:26.96 | 970.2      | No Swim   | 0           | DNF          |

## Under 13 Girls

**SA Record = 2490** (Gillian Curr - 1995) **Provincial Record = 2434** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name     | School/Club    | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|---------------|----------------|----------|------------|-----------|-------------|--------------|
| 1   | 1921      | Charné     | Fourie        | Durbanville PS | 03:25.91 | 1125.45    | 01:12.26  | 1141.4      | 2266.85      |
| 2   | 1436      | Rebecca    | Nolan         | Reddamhouse HS | 03:25.52 | 1127.4     | 01:15.87  | 1105.3      | 2232.7       |
| 3   | 2208      | Skye       | Micklethwaite | Springfield PS | 03:40.31 | 1053.45    | 01:15.32  | 1110.8      | 2164.25      |
| 4   | 1671      | Saskia     | Reddering     | Durbanville PS | 03:47.61 | 1016.95    | 01:23.32  | 1030.8      | 2047.75      |
| 5   | 1749      | Olivia     | Wilson        | Durbanville PS | 03:49.25 | 1008.75    | 01:36.93  | 894.7       | 1903.45      |

| Pos | SA Number | First Name | Last Name | School/Club         | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|---------------------|----------|------------|-----------|-------------|--------------|
| 6   | 8323      | Alicia     | Brand     | DF Malan HS         | 04:05.28 | 928.6      | 01:37.26  | 891.4       | 1820         |
| 7   | 9707      | Kianna-Gro | Liversage | Jan Van Riebeeck PS | 04:42.78 | 741.1      | 01:22.28  | 1041.2      | 1782.3       |
| 8   | 8989      | Julia      | Monk      | Sweet Valley PS     | 04:30.02 | 804.9      | 01:30.73  | 956.7       | 1761.6       |

## Under 15 Boys

**SA Record = 2353.45** (Matthew Van Coller - Unofficial - 2018) **Provincial Record = 2289.5** (Leonardo van der Werf - 2018-12-01)

| Pos | SA Number | First Name | Last Name     | School/Club    | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|---------------|----------------|----------|------------|-----------|-------------|--------------|
| 1   | 2407      | Leonardo   | van der Werf  | Individual     | 05:01.03 | 1134.85    | 01:06.69  | 1137.1      | 2271.95      |
| 2   | 5304      | Rikus      | Saaiman       | Durbanville HS | 05:19.62 | 1041.9     | 01:01.35  | 1190.5      | 2232.4       |
| 3   | 8220      | Charl      | Laubscher     | Durbanville HS | 05:10.94 | 1085.3     | 01:17.69  | 1027.1      | 2112.4       |
| 4   | 2207      | Tyler      | Micklethwaite | SACS PS        | 05:47.90 | 900.5      | 01:06.54  | 1138.6      | 2039.1       |
| 5   | 3051      | Lourens    | Kotzé         | Individual     | 05:38.89 | 945.55     | 01:11.11  | 1092.9      | 2038.45      |
| 6   | 2380      | Luke       | van Neel      | Khayalitsha PS | 05:23.59 | 1022.05    | 01:23.89  | 965.1       | 1987.15      |
| 7   | 2257      | Gideon     | Vermeulen     | DF Malan HS    | 06:06.09 | 809.55     | 01:18.82  | 1015.8      | 1825.35      |
| 8   | 1867      | Ewaldt     | Louw          | Durbanville HS | 06:07.34 | 803.3      | 01:28.11  | 922.9       | 1726.2       |
| 9   | 8605      | Bradwin    | Viljoen       | Khayalistha HS | 06:06.71 | 806.45     | No Swim   | 0           | DNF          |

## Under 15 Girls

**SA Record = 2461** (Toni Rafferty - 2016) **Provincial Record = 2430** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name | School/Club         | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|---------------------|----------|------------|-----------|-------------|--------------|
| 1   | 2289      | Elandri    | Schmidt   | Bloemhof Meisies HS | 03:07.05 | 1184.75    | 01:11.46  | 1119.4      | 2304.15      |

| Pos | SA Number | First Name | Last Name | School/Club    | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|----------------|----------|------------|-----------|-------------|--------------|
| 2   | 3058      | Katie      | Phillipps | Fairmont HS    | 03:26.30 | 1088.5     | 01:18.78  | 1046.2      | 2134.7       |
| 3   | 7054      | Nadia      | Olsen     | Stellenberg HS | 03:18.56 | 1127.2     | 01:24.41  | 989.9       | 2117.1       |
| 4   | 1542      | Rebecca    | Monk      | Reddamhouse HS | 03:53.71 | 951.45     | 01:20.08  | 1033.2      | 1984.65      |
| 5   | 6142      | Amica      | Nieuwoudt | Stellenberg HS | 03:51.15 | 964.25     | 01:23.97  | 994.3       | 1958.55      |
| 6   | 7392      | Tina-Mari  | de Lange  | El Shaddai HS  | 04:33.93 | 750.35     | 01:36.26  | 871.4       | 1621.75      |
| 7   | 5414      | Heidi      | Ellis     | Stellenberg HS | 04:39.62 | 721.9      | 01:43.53  | 798.7       | 1520.6       |
| 8   | 2362      | Emanuela   | Matloko   | De Kuilen HS   | 04:29.22 | 773.9      | 01:48.80  | 746         | 1519.9       |

## Under 17 Boys

**SA Record = 2299.15** (Cody Coombe-Davis - Unofficial - 2019) **Provincial Record = 2227.3** (Joshua Scott - 2019-02-16)

| Pos | SA Number | First Name | Last Name     | School/Club         | Run Time | Run Points | Swim Time | Swim Points | Total Points  |
|-----|-----------|------------|---------------|---------------------|----------|------------|-----------|-------------|---------------|
| 1   | 1370      | Joshua     | Scott         | Reddamhouse HS      | 05:03.84 | 1025.8     | 00:59.25  | 1201.5      | 2227.3 (prov) |
| 2   | 1501      | Daniël     | Wiese         | Jan Van Riebeeck HS | 05:01.59 | 1037.05    | 01:07.09  | 1123.1      | 2160.15       |
| 3   | 1557      | Michael    | van Schalkwyk | El Shaddai HS       | 05:36.62 | 861.9      | 01:07.28  | 1121.2      | 1983.1        |
| 4   | 5697      | Dylan      | Keyser        | Jan Van Riebeeck HS | 04:57.66 | 1056.7     | 01:28.71  | 906.9       | 1963.6        |
| 5   | 2047      | Braam      | van der Vyver | Jan Van Riebeeck HS | 05:51.78 | 786.1      | 01:04.92  | 1144.8      | 1930.9        |
| 6   | 8797      | Stephen    | McCallum      | Wynberg Boys HS     | 06:16.44 | 662.8      | 00:54.48  | 1249.2      | 1912          |
| 7   | 5873      | Michael    | Massyn        | Jan Van Riebeeck HS | 06:03.28 | 728.6      | 01:08.77  | 1106.3      | 1834.9        |

## Under 17 Girls

**SA Record = 2472** (Alexandra Quenet - 2011) **Provincial Record = 2468** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|--------------|
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|--------------|

| Pos | SA Number | First Name | Last Name | School/Club         | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|---------------------|----------|------------|-----------|-------------|--------------|
| 1   | 2192      | Eden       | Hoefer    | Jan Van Riebeeck HS | 04:06.81 | 885.95     | 01:29.19  | 942.1       | 1828.05      |

## Under 19 Boys

**SA Record** = 2236.10 (Ruben Smith - Unofficial - 2018) **Provincial Record** = 2331.8 (Retief Ochse - 2019-02-02)

| Pos | SA Number | First Name | Last Name | School/Club     | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|-----------------|----------|------------|-----------|-------------|--------------|
| 1   | 2100      | Luke       | Altmann   | Wynberg Boys HS | 05:16.09 | 964.55     | 00:54.86  | 1245.4      | 2209.95      |
| 2   | 1445      | Adrin      | Strydom   | Settlers HS     | 05:07.34 | 1008.3     | 01:06.14  | 1132.6      | 2140.9       |

## Under 19 Girls

**SA Record** = 2485 (Marinda Oosthuizen - 2005) **Provincial Record** = 2445 (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name | School/Club    | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|----------------|----------|------------|-----------|-------------|--------------|
| 1   | 1995      | Ineke      | Wegman    | Durbanville HS | 03:22.13 | 1114.35    | 01:21.47  | 1029.3      | 2143.65      |
| 2   | 1584      | Lauren     | Goodwin   | El Shaddai HS  | 03:42.55 | 1012.25    | 01:17.88  | 1065.2      | 2077.45      |
| 3   | 1548      | Jansie     | Slabbert  | Individual     | 03:39.14 | 1029.3     | 01:22.18  | 1022.2      | 2051.5       |

## Senior (Open) Men

**SA Record** = 2346.55 (Dylan Kruger - Unofficial - 2018) **Provincial Record** = 2224.75 (Paul Roux - 2018-12-01)

| Pos | SA Number | First Name | Last Name   | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-------------|-------------|----------|------------|-----------|-------------|--------------|
| 1   | 5507      | Corne      | Jooste      | Individual  | 05:00.09 | 1019.55    | 01:26.86  | 925.4       | 1944.95      |
| 2   | 2403      | Ridewaan   | Nichols     | Individual  | 05:10.30 | 968.5      | 01:22.50  | 969         | 1937.5       |
| 3   | 1375      | Camerine   | van Niekerk | Individual  | 05:46.30 | 788.5      | 01:07.56  | 1118.4      | 1906.9       |

## Senior (Open) Ladies

**SA Record = 2525** (Edith Otterman - 1995) **Provincial Record = 2470** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|--------------|
| 1   | 3042      | Gretchen   | Bekker    | Individual  | 04:03.45 | 907.75     | 01:11.13  | 1162.7      | 2070.45      |

## Jnr Veteran Men

**SA Record = 2435** (Charles Beaurain - 2018) **Provincial Record = 2369** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name    | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|--------------|-------------|----------|------------|-----------|-------------|--------------|
| 1   | 1426      | Jacques    | Bezuidenhout | Individual  | 03:43.71 | 866.45     | 01:13.96  | 1054.4      | 2000.85      |

## Jnr Veteran Ladies

**SA Record = 2360** (Nerissa le Roux - 2018) **Provincial Record = 2336** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name          | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|--------------------|-------------|----------|------------|-----------|-------------|--------------|
| 1   | 1877      | Esrie      | Loock-Bezuidenhout | Individual  | 03:32.13 | 1064.35    | 01:16.62  | 1117.8      | 2254.15      |

## Veteran Men

**SA Record = 2517** (Nicholas Theron - 2016) **Provincial Record = 2397** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name    | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|--------------|-------------|----------|------------|-----------|-------------|--------------|
| 1   | 1878      | Roger      | Bezuidenhout | Individual  | 03:19.49 | 1022.55    | 01:04.55  | 1198.5      | 2296.05      |
| 2   | 1951      | Paul       | Benson       | Individual  | 03:07.57 | 1082.15    | 01:17.84  | 1065.6      | 2222.75      |
| 3   | 9804      | Jason      | Monk         | Individual  | 03:29.63 | 971.85     | 01:46.63  | 777.7       | 1869.55      |

## Veteran Ladies

**SA Record = 2496** (Ilse Beukman - 2013) **Provincial Record = 2492** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|--------------|
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|--------------|



| Pos | SA Number | First Name | Last Name | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|--------------|
| 1   | 6602      | Lizette    | Bannister | Individual  | 03:47.08 | 1014.6     | 01:31.41  | 1009.9      | 2099.5       |
| 2   | 1594      | Madelein   | Massyn    | Individual  | 04:51.56 | 692.2      | 01:37.19  | 952.1       | 1719.3       |
| 3   | 5543      | Melanie    | van Wyk   | Individual  | 05:42.25 | 438.75     | 01:25.47  | 1069.3      | 1523.05      |

## SNR Veteran Men

**SA Record = 2525** (Willie Wilson - 1997) **Provincial Record = 2440** (Stored Record - Previous)

| Pos | SA Number | First Name | Last Name | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|--------------|
| 1   | 1840      | Colin      | Hepburn   | Individual  | 03:37.96 | 1015.2     | 01:12.43  | 1179.7      | 2209.9       |
| 2   | 1549      | Jan        | Slabbert  | Individual  | 03:52.28 | 943.6      | 01:22.18  | 1082.2      | 2040.8       |

## SNR Veteran Ladies

**SA Record = 2513** (Viv Williams - 2017) **Provincial Record = 2513** (Stored Record - Previous)

| Pos | SA Number | First Name    | Last Name   | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|---------------|-------------|-------------|----------|------------|-----------|-------------|--------------|
| 1   | 1722      | Ashleigh-Jane | Fairweather | Individual  | 04:44.40 | 818        | 01:24.07  | 1143.3      | 2021.3       |

## Masters Men

**SA Record = 2427.66** (Michael Forbes - Unofficial - 2018) **Provincial Record = 2348.42** (Michael Archer - 2019-02-16)

| Pos | SA Number | First Name | Last Name | School/Club | Run Time | Run Points | Swim Time | Swim Points | Total Points   |
|-----|-----------|------------|-----------|-------------|----------|------------|-----------|-------------|----------------|
| 1   | 8768      | Michael    | Archer    | Individual  | 02:50.98 | 1080.1     | 00:35.18  | 1208.32     | 2348.42 (prov) |
| 2   | 5233      | Robert     | Swartz    | Individual  | 03:35.28 | 858.6      | 00:58.10  | 841.6       | 1950.2         |

## Special Needs Male

**SA Record = 3500** (Not Applicable - 2018) **Provincial Record = N/A**

| Pos | SA Number | First Name | Last Name | School/Club                  | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|------------------------------|----------|------------|-----------|-------------|--------------|
| 1   | 2226      | Liam       | Trelawney | Glenbridge Special Needs Sch | 01:38.19 | 1259.05    | 00:54.13  | 1241.12     | 2500.17      |

## Special Needs Female

**SA Record = 3500 (Not Applicable - 2018) Provincial Record = N/A**

| Pos | SA Number | First Name | Last Name | School/Club    | Run Time | Run Points | Swim Time | Swim Points | Total Points |
|-----|-----------|------------|-----------|----------------|----------|------------|-----------|-------------|--------------|
| 1   | 1672      | Amelia     | Reddering | Durbanville PS | 01:20.26 | 1348.7     | 00:50.48  | 1299.52     | 2648.22      |